

# **EMDR DISASTER NETWORK**

**<https://emdrdisaster.net>**

We are a volunteer network of experienced trauma psychotherapists around the world who are available to provide short-term treatment at greatly reduced cost for the many thousands of front-line healthcare providers and responders who have been under severe stress during the pandemic.

Our primary treatment modality is EMDR (Eye Movement Desensitization and Reprocessing), a type of therapy which can provide rapid relief from stress and trauma symptoms. EMDR has been used for over 30 years and is widely accepted internationally as a standard of care for the treatment of traumatic stress and relationship loss.

Each therapist has agreed to be available to provide up to 6 treatment sessions at a reduced fee (the maximum fee will no more than 50% of the therapist's standard fee). The therapist will make every effort to see clients as soon as possible to help them on their road to recovery and resiliency. We are here to provide support for the many helpers who are directly impacted by this as well as future natural and man-made crises and disasters.

Please share our website link to as many people as you can think of so that those in need will have immediate access to care. Thank you for everything you do to be of help to others,

Members of the EMDR Disaster Network