

EMDR DISASTER NETWORK

<https://emdrdisaster.net>

We are a volunteer network of experienced trauma psychotherapists around the world who are available to provide short-term treatment at greatly reduced cost for healthcare workers, first responders, and others who have been directly impacted during the corona virus pandemic. Our primary treatment modality is EMDR (Eye Movement Desensitization and Reprocessing), a type of treatment which can provide rapid relief from trauma symptoms. EMDR has been used for the treatment of trauma for over 30 years and is widely accepted internationally as a standard of care for the treatment of PTSD.

Our mission is to provide early trauma treatment for nurses, doctors, medical assistants, hospital staff, dispatchers, EMTs, firefighters, and police. We are also available to work with people grieving the loss of an immediate family member.

Each member of the EMDR Disaster Network has agreed to be available to provide up to 6 treatment sessions at a reduced fee (the maximum fee will no more than 50% of the therapist's standard fee). The therapist will offer flexible scheduling to accommodate the needs of the client and will make every effort to see clients as soon as possible to help them on their road to recovery and resiliency. We are here to provide support for the many people who are directly impacted by this pandemic as well as future natural and man-made disasters.

Please share our website link to as many people as you can think of so that those in need will have immediate access to care. Thank you for everything you do to be of help to others,

Members of the EMDR Disaster Network